



**Weight Loss Challenge. Lose the Fat, Gain the Lean and have Energy for Summer!**

**RESULTS! MEAL PLANS! WORKOUTS!**

**FUN! MUCH MORE!**

**\*Begins June 12th, 6PM at**

**1575 N. Skyline Dr. (Parks and Recreation Activity Center)**

**\$30 entry fee (goes into the pot for the winners)**

**\*6 Weeks, meet up to weigh every Wednesday, nutrition class and support to win!**

**\*Call Deon 208-521-1425**

**[www.idahofallsidaho.gov](http://www.idahofallsidaho.gov)**