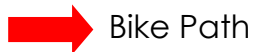
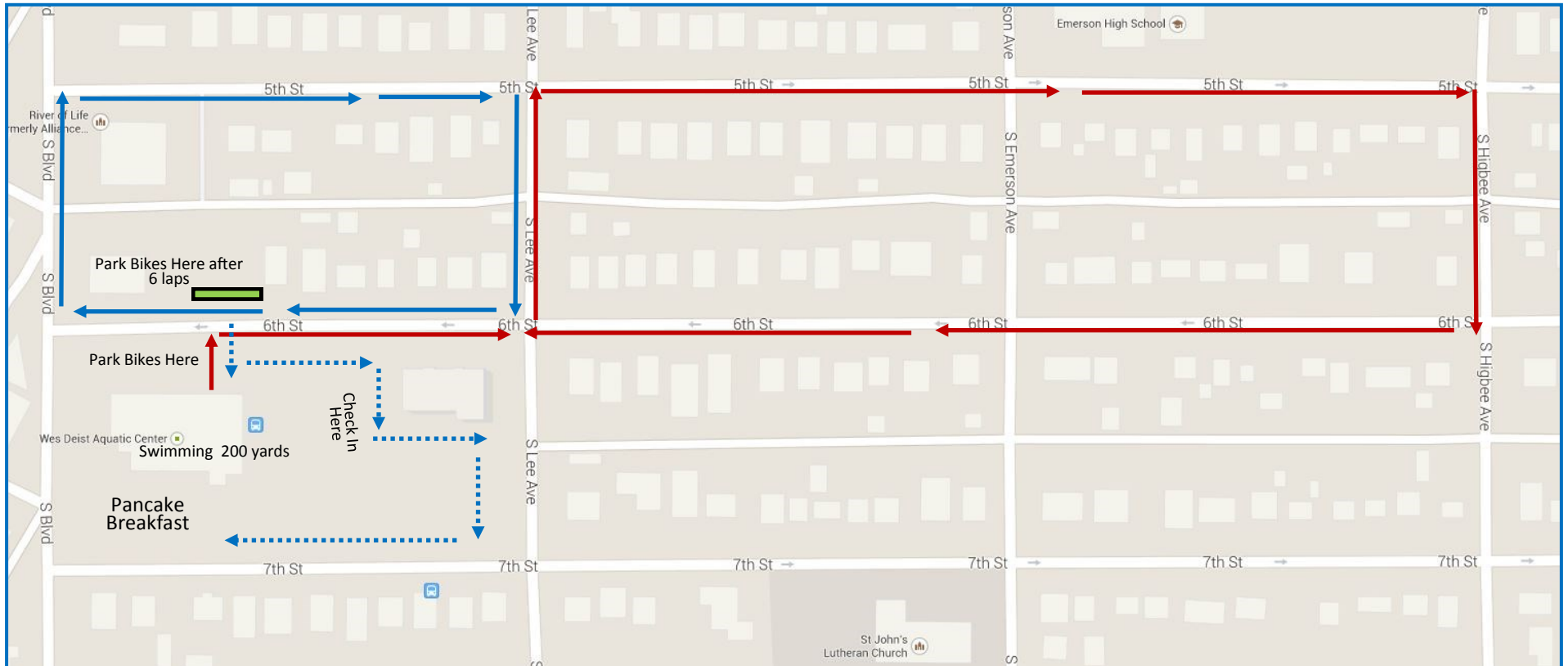


# Kids Tri Harder Route

## The Extreme Challenge



Bike Path

Bike on the street, not sidewalks.

Must complete six laps.

After completion, park bikes in designated area in church parking lot.



Run Path

Run on the sidewalks.

Must complete three laps.



After completion, cross 6th street and finish in course on Aquatic Center Parking Lot.



Water Table.

Water will be provided in cups.

Participants are encouraged to drink some water!