



TELADOC™

# Get started with Teladoc®

It's quick and easy to set up your account online. Visit the Teladoc website and click "Set up account". Then follow the instructions below.

1. Provide your name, contact information, and date of birth
2. If you have a username, choose "Yes" and enter it here. If you don't have a username, choose "No, I don't have a username."

*Not all members have a username, so don't worry if you need to select "No."*

3. Select one of the four options that detail how you found out about Teladoc and enter the requested information.

**1.** Please provide the following information:

First Name: \* Jane  
 Last Name: \* Smith  
 Email Address: \* janesmith@email.com  
 Phone Number: \* (555) 555-5555  
 Date of Birth: \* 05/05/1975

**2a.** Do you have a username?  
 Yes, I know my username  
 No, I don't know my username.

What is your username?  
 Username: \*

**2b.** Do you have a username?  
 Yes, I know my username  
 No, I don't know my username.

**3.** How did you find out about Teladoc?  
 My employer or insurance provider offers me access to Teladoc.  
 I have a Teladoc promo code.  
 I have a Teladoc ID card that shows a website that is different from "Teladoc.com." (ex: Teladoc.com/somethingelse)  
 I'm not sure.

## Talk to a doctor anytime\* for FREE!

Teladoc.com

Facebook.com/Teladoc

1-800-Teladoc

Teladoc.com/mobile